

## CHAPTER ONE - CITY MARKET ANALYSIS

### 1.1 INTRODUCTION

The City of Davenport ("City") asked the consulting team to complete a comprehensive Master Plan ("Plan") for the Parks and Recreation Department. The overall purpose of this Plan is to create a blueprint for providing quality parks and recreation facilities and services throughout the City of Davenport for the next ten years.

A key component of the Plan process is a Market Analysis. This analysis will help provide a thorough understanding of the demographic makeup of residents within the City, as well as national, regional, and local recreational trends.

### 1.2 DEMOGRAPHIC ANALYSIS

The Demographic Analysis describes the population within the City. This assessment will provide supplementary demographic data to the Plan including current (2020) and future population projections, age segment breakdown, race and ethnicity distribution, as well as income characteristics. It is important to note that future projections are based on historical patterns and unforeseen circumstances during or after the time of the analysis could have a significant bearing on the validity of the projected figures.
1.2.1 DEMOGRAPHIC OVERVIEW (2020-2035)

Population:

- 103,342 people live in Davenport
- City is expected to grow to 108,795 residents by 2035


Age:

- Median age: 36.7
- By 2035, the 55+age segment will encompass $32 \%$ of the population


## Race:

- $76 \%$ of the population is White Alone
- $12 \%$ of the population is Black/ African American


Income:

- Median household income: $\$ 51,130$
- Median household income is lower than state and national averages


### 1.2.2 METHODOLOGY

Demographic data used for the analysis was obtained from U.S. Census Bureau and from Environmental Systems Research Institute, Inc. (ESRI), the largest research and development organization dedicated to Geographical Information Systems (GIS) and specializing in population projections and market trends. All data was acquired in September 2020 and reflects actual numbers as reported in the 2010 Census. ESRI then estimates the current population (2020) as well as a 5 -year projection (2025). PROS utilized straight line linear regression to forecast demographic characteristics for 2030 and 2035. The City boundaries shown below were utilized for the demographic analysis. (See Figure 1)


September 23, 2020
Figure 1: City Boundaries
1.2.3 DAVENPORT CITY POPULACE

## POPULATION

The City's population has experienced a minor growing trend in recent years, increasing $0.36 \%$ from 2010 to 2020 ( $0.04 \%$ per year). This is well below the national annual growth rate of $0.81 \%$ (from 2010-2020). Similar to the population, the total number of households also experienced a slight increase in recent years ( $0.40 \%$ since 2010).

Currently, the population is estimated at 103,342 individuals living within 42,280 households. Projecting ahead, the total population and total number of households are both expected to continue slowly grow over the next 15 years. Based on 2035 forecasts, the City's population is expected to have 108,795 residents living within 44,767 households. (See Figures 2 \& 3)


Figure 2: Total Population Projections


Figure 3: Total Household Projections

## AGE SEGMENT

Evaluating the City's total population by age segments, Davenport exhibits a relatively consistent age segmentation with the National average. The population has a median age of 36.7 years old which is younger than the U.S. median age of 38.5 years. Assessing the population as a whole, the City is projected to continue aging for the foreseeable future. Over the next 15 years, the $55+$ population is expected to grow an additional $4 \%$ totaling $32 \%$ of the City's population. This is largely due to the increase in life expectancy coinciding with the remainder of the Baby Boomer generation shifting into the senior age groups. (See Figure 4).

Due to the continued growth of the older age segments, it is useful to further segment the "Senior" population beyond the traditional $55+$ designation. Within the field of parks and recreation, there are two commonly used ways to partition this age segment. One is to simply segment by age: 55-64, 65-74, and $75+$. However, as these age segments are engaged in programming, the variability of health and wellness can be a more relevant factor. For example, a 55 -year-old may be struggling with rheumatoid arthritis and need different recreational opportunities than a healthy 65 -year old who is running marathons once a year. Therefore, it may be more useful to divide this age segment into "Active," "Low-Impact," and/ or "Social" Seniors.


Figure 4: Population by Age Segments

## RACE AND ETHNICITY DEFINITIONS

The minimum categories for data on race and ethnicity for Federal statistics, program administrative reporting, and civil rights compliance reporting are defined as below. The Census 2010 data on race are not directly comparable with data from the 2000 Census and earlier censuses; therefore, caution must be used when interpreting changes in the racial composition of the US population over time. The latest (Census 2010) definitions and nomenclature are used within this analysis.

- American Indian - This includes a person having origins in any of the original peoples of North and South America (including Central America), and who maintains tribal affiliation or community attachment
- Asian - This includes a person having origins in any of the original peoples of the Far East, Southeast Asia, or the Indian subcontinent including, for example, Cambodia, China, India, J apan, Korea, Malaysia, Pakistan, the Philippine Islands, Thailand, and Vietnam
- Black - This includes a person having origins in any of the black racial groups of Africa
- Native Hawaiian or Other Pacific Islander - This includes a person having origins in any of the original peoples of Hawaii, Guam, Samoa, or other Pacific Islands
- White - This includes a person having origins in any of the original peoples of Europe, the Middle East, or North Africa
- Hispanic or Latino - This is an ethnic distinction, a subset of a race as defined by the Federal Government; this includes a person of Mexican, Puerto Rican, Cuban, South or Central American, or other Spanish culture or origin, regardless of race
Please Note: The Census Bureau defines Race as a person's self-identification with one or more of the following social groups: White, Black or African American, Asian, American Indian and Alaska Native, Native Hawaiian and Other Pacific Islander, some other race, or a combination of these. While Ethnicity is defined as whether a person is of Hispanic / Latino origin or not. For this reason, the Hispanic / Latino ethnicity is viewed separate from race throughout this demographic analysis.


## RACE

Analyzing race, Davenport's current population is predominantly White Alone. The 2020 estimate shows that $76 \%$ of the population falls into the White Alone category, with Black/ African American (12\%) representing the largest minority. The racial diversification of the City is slightly less diverse than the national population, which is approximately $70 \%$ White Alone, $13 \%$ Black Alone, and $7 \%$ Some Other Race. The forecasts for 2035 expect the population to remain relatively unchanged with just a slight decrease in the White Alone population, accompanied by minor increases Black/ African Americans and Asian population. (Figure 5)


Figure 5: Population by Race

## ETHNICITY

The City's population was also assessed based on Hispanic/ Latino ethnicity, which by the Census Bureau definition is viewed independently from race. It is important to note that individuals who are Hispanic/ Latino in ethnicity can also identify with any of the racial categories from Figure 5. Based on the 2020 estimate, those of Hispanic/ Latino origin represent approximately 9\% of Davenport's current population, which is roughly half of the national average (19\% Hispanic/ Latino). The Hispanic/Latino population is expected to continue growing over the next 15 years, increasing to $12 \%$ of the City's total population by 2035. (Figure 6)


Figure 6: Population by Ethnicity

HOUSEHOLD INCOME
As seen in Figure 7, the City's per capita income ( $\$ 28,102$ ) and median household income ( $\$ 51,130$ ) are below the national ( $\$ 34,136 \& \$ 62,203$ ) and state ( $\$ 31,912 \& \$ 59,343$ ) averages. This becomes relevant when the Parks and Recreation is pricing out programs and calculating cost recovery goals. It is crucial for the Department to continue equity efforts in access to parks, facilities, and programming. Creative measures can ensure residents below the income characteristics have access to facilities and services.


Figure 7: Income Characteristics

### 1.2.4 DEMOGRAPHIC COMPARATIVE SUMMARY

The table below is a summary of the City's demographic figures. These figures are then compared to the state and U.S. populations. This type of analysis allows Davenport to see how their population compares on a local and national scale. The highlighted cells represent key takeaways from the comparison between the City and the national population.

| $\square$ |
| :--- |
| $=$ |
| $=$ Represents $5 \%+$ higher than the National Average |


| 2020 Demographic Comparison |  | Davenport | lowa | U.S.A. |
| :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { 든 } \\ & \text { 苟 } \\ & \text { 믄 } \end{aligned}$ | Annual Growth Rate (2010-2020) | 0.36\% | 0.63\% | 0.81\% |
|  | Projected Annual Growth Rate (2020-2035) | 0.35\% | 0.56\% | 0.74\% |
|  | Annual Growth Rate (2010-2020) | 0.40\% | 0.64\% | 0.80\% |
|  | Average Household Size | 2.37 | 2.41 | 2.58 |
|  | Ages 0-17 | 23\% | 22\% | 22\% |
|  | Ages 18-34 | 25\% | 23\% | 23\% |
|  | Ages 35-54 | 24\% | 24\% | 25\% |
|  | Ages 55-74 | 21\% | 23\% | 23\% |
|  | Ages 75+ | 7\% | 8\% | 7\% |
|  | White Alone | 75.9\% | 87.7\% | 69.4\% |
|  | Black Alone | 12.4\% | 4.1\% | 13.0\% |
|  | American Indian | 0.4\% | 0.4\% | 1.0\% |
|  | Asian | 3.7\% | 2.9\% | 5.9\% |
|  | Pacific Islander | 0.1\% | 0.1\% | 0.2\% |
|  | Some other Race | 2.7\% | 2.4\% | 7.1\% |
|  | Two or More Races | 4.8\% | 2.4\% | 3.6\% |
|  | Hispanic / Latino Origin (any race) | 9.3\% | 6.5\% | 18.8\% |
|  | All Others | 90.7\% | 93.5\% | 81.2\% |
|  | Per Capita Income | \$28,102 | \$31,912 | \$34,136 |
|  | Median Household Income | \$51,130 | \$59,343 | \$62,203 |

Figure 8: Demographic Comparative Summary Table

## DEMOGRAPHIC SUMMARY

- The City's recent population annual growth rate ( $0.36 \%$ ) is significantly lower than the U.S.'s (0.81\%) growth rate from 2010-2020.
- The City's household annual growth rate $(0.40 \%)$ is also significantly lower than the national ( $0.80 \%$ ) average.
- When assessing age segments, Davenport has a very similar population to the national age segment distribution, however, with a slightly higher representation in Ages 18-34 and slightly lower representation in Ages 55-74.
- The City's racial distribution has a higher White Alone population and lower Asian and Some other Race populations, when compared to national percentage distribution.
- Davenport's percentage of Hispanic/Latino population (9.3\%) is well below the national average (18.8\%).
- The City's per capita income ( $\$ 28,102$ ) and median house income ( $\$ 51,130$ ) are both below average, when compared to the U.S.'s income characteristics $(\$ 34,136 \& \$ 62,203)$.
1.2.5 DEMOGRAPHIC IMPLICATIONS

While it is important not to generalize recreation needs and priorities based solely on demographics, the analysis suggests some potential implications for the City.

First, with the population expecting minimal growth for the foreseeable future, its suggested that the City focus on the upkeep and improvement of existing amenities and facilities as part of the overall strategy to address the unmet needs of the community.

Second, the City's slight aging trend may indicate the need to provide more programs and services for the $55+$ population focusing on aging in place. Such a focus could also potentially attract baby boomers to retire in Davenport. However, it will also be important to continue providing services for the $72 \%$ of residents who are currently under 55 years old.

Third, the City's below average income characteristics suggest limited disposable income. The Parks and Recreation Department should be mindful of this when pricing facility access, programs and events.

Finally, the City should ensure growing minority races are being reflected in marketing and communications outreach, program participation figures, and response rates when surveying the community.

### 1.3 RECREATIONAL TRENDS ANALYSIS

The Trends Analysis provides an understanding of national, regional, and local recreational trends as well recreational interest by age segments. Trends data used for this analysis was obtained from Sports \& Fitness Industry Association's (SFIA), National Recreation and Park Association (NRPA), and Environmental Systems Research Institute (ESRI). Note: It is important to note that the trends data is reflective of a pre-pandemic time and trends will change as we emerge on the other side of this pandemic and settle into a new normal.
1.3.1NATIONAL TRENDS IN RECREATION

## METHODOLOGY

The SFIA Sports, Fitness \& Recreational Activities Topline Participation Report 2020 was utilized in evaluating the following trends:

- National Recreation Participatory Trends
- Core vs. Casual Participation Trends

- Non-Participant Interest by Age Segment

The study is based on findings from surveys carried out in 2019 by the Physical Activity Council (PAC), resulting in a total of 18,000 online interviews. Surveys were administered to all genders, ages, income levels, regions, and ethnicities to allow for statistical accuracy of the national population. A sample size of 18,000 completed interviews is considered by SFIA to result in a high degree of statistical accuracy. A sport with a participation rate of $5 \%$ has a confidence interval of plus or minus $0.32 \%$ points at a $95 \%$ confidence level. Using a weighting technique, survey results are applied to the total U.S. population figure of $302,756,603$ people (ages 6 and older).

The purpose of the report is to establish levels of activity and identify key participatory trends in Recreation across the U.S. This study looked at 122 different sports/ activities and subdivided them into various categories including: sports, fitness, outdoor activities, aquatics, etc.

## CORE VS. CASUAL PARTICIPATION

In addition to overall participation rates, SFIA further categorizes active participants as either core or casual participants based on frequency of participation. Core participants have higher participatory frequency than casual participants. The thresholds that define casual versus core participation may vary based on the nature of each individual activity. For instance, core participants engage in most fitness activities more than 50 -times per year, while for sports, the threshold for core participation is typically 13 -times per year.

In a given activity, core participants are more committed and tend to be less likely to switch to other activities or become inactive (engage in no physical activity) than causal participants. This may also explain why activities with more core participants tend to experience less pattern shifts in participation rates than those with larger groups of casual participants.
1.3.2NATIONAL SPORT AND FITNESS PARTICIPATORY TRENDS

## NATIONAL TRENDS IN GENERAL SPORTS PARTICIPATION LEVELS

The sport's most heavily participated in, in the United States were Basketball ( 24.9 million) and Golf (24.3 million in 2019), which have participation figures well in excess of the other activities within the general sports category; followed by Tennis (17.7 million), Baseball ( 15.8 million), and Soccer (11.9 million).

The popularity of Basketball, Golf, and Tennis can be attributed to the ability to compete with relatively small number of participants. Basketball's success can also be attributed to the limited amount of equipment needed to participate and the limited space requirements necessary, which make basketball the only traditional sport that can be played at the majority of American dwellings as a drive-way pickup game. Even though Golf has experienced a recent decrease in participation in the last five years, it still continues to benefit from its wide age segment appeal and is considered a life-long sport. In addition, target type game venues or Golf Entertainment Venues (e.g. Top Golf) have increased drastically ( $84.7 \%$ ) as a five-year trend. The emergence of Golf Entertainment, such as Top Golf, has helped increase participation for golf as an activity outside of traditional golf course environments.



Golf
24.3 Million


Tennis
17.7 Million


Baseball
15.8 Million 11.9 Million

FIVE-YEAR TREND
Since 2014, Golf Entertainment Venues ( $84.7 \%$ ), Pickleball ( $40.5 \% \%$ ), and Flag Football ( $23.1 \%$ ) have emerged as the overall fastest growing sports. During the last five years, Baseball (20.2\%) and Indoor Soccer $(17.8 \%)$ have also experienced significant growth. Based on the five-year trend, the sports that are most rapidly declining include Ultimate Frisbee ( $-49.4 \%$ ), Touch Football ( $-21.5 \%$ ), Badminton ($15.1 \%$ ), and Tackle Football ( $-14.6 \%$.

## ONE-YEAR TREND

In general, the most recent year shares a similar pattern with the five-year trends. There are unique sports with a greater one-year change: Boxing for Competition (8.2\%), Pickleball (4.8\%), Outdoor Soccer $(4.5 \%)$, and Martial Arts $(4.2 \%)$. However, some sports that increased rapidly over the past five years have experienced recent decreases in participation, Rugby ( $-10.8 \%$ ) cheerleading $(-2.3 \%$ ) , and Baseball ( $0.5 \%$.
CORE VS. CASUAL TRENDS IN GENERAL SPORTS
Highly participated sports, such as Basketball, Baseball, and Slow Pitch Softball have a larger core participant base (participate 13+times per year) than casual participant base (participate 1-12 times per year). In the past year, Ice Hockey ( $13+$ participation) and Softball-Fast Pitch ( $26+$ participation) has increased core participation. While less mainstream sports including: Boxing for Competition, Roller Hockey, Badminton, and Racquetball have larger casual participation base. These participants may be more inclined to switch to other sports. Please see the Appendix for full Core vs. Casual Participation breakdown.


Figure 9:General Sports Participatory Trends


## NATIONAL TRENDS IN GENERAL FITNESS PARTICIPATION LEVELS

Overall, national participatory trends in fitness have experienced strong growth in recent years. Many of these activities have become popular due to an increased interest among Americans to improve their health and enhance quality of life by engaging in an active lifestyle. These activities also have very few barriers to entry, which provides a variety of options that are relatively inexpensive to participate in and can be performed by most individuals. The most popular general fitness activities amongst the U.S. population include: Fitness Walking ( 111.4 million), Treadmill ( 56.8 million), Free Weights ( 51.4 million), Running/ Jogging ( 49.5 million), and Stationary Cycling ( 37.1 million).


Fitness
Walking 111.4 Million


Treadmill
56.8 Million


Dumbbell
Free Weights 51.4 Million


Running/ J ogging
49.5 Million


Stationary Cycling
37.1 Million

## FIVE-YEAR TREND

Over the last five years (2014-2019), the activities growing most rapidly are Trail Running (46.0\%), Yoga ( $20.6 \%$ ), Cross Training Style Workout ( $20.2 \%$ ), and Stationary Cycling (Group) ( $17.5 \%$ ). Over the same time frame, the activities that have undergone the biggest decline include: Traditional Triathlon (-9.2\%, Running/ J ogging ( $-8.7 \%$ ), Free Weights ( $-8.3 \%$ ), and Fitness Walking ( $-1.0 \%$ )

ONE-YEAR TREND
In the last year, activities with the largest gains in participation were Trail Running (9.9\%), Dance, Step, \& Choreographed Exercise (7.0\%), and Yoga (6.0\%). From 2018-2019, the activities that had the largest decline in participation were Traditional Triathlons ( $-7.7 \%$, Non-Traditional Triathlon ( $-7.4 \%$, Bodyweight Exercise ( $-2.8 \%$, and Running/ J ogging ( $-2.6 \%$ ).

CORE VS. CASUAL TRENDS IN GENERAL FITNESS
The most participated in fitness activities area either balances core vs. casual users or core users (participating $50+$ times per year). These fitness activities include: Fitness Walking, Treadmill, Free Weights, Running/Jogging, Stationary Cycling, Weight/ Resistant Machines, and Elliptical Motion/Cross Training. All of the top trending fitness activities, for the one-year and five-year trend, are increasing in casual users. There is a slow shift with an increase of balances and core users since last year's report. This is significant, fewer casual users are switching to alternative activities. Please see the Appendix for Full Core vs. Casual Participation breakdown.

| National Participatory Trends - General Fitness |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Activity | Participation Levels |  |  | \% Change |  |
|  | 2014 | 2018 | 2019 | 5-Year Trend | 1-Year Trend |
| Fitness Walking | 112,583 | 111,001 | 111,439 | -1.0\% | 0.4\% |
| Treadmill | 50,241 | 53,737 | 56,823 | 13.1\% | 5.7\% |
| Free Weights (Dumbbells/Hand Weights) | 56,124 | 51,291 | 51,450 | -8.3\% | 0.3\% |
| Running/Jogging | 54,188 | 50,770 | 49,459 | -8.7\% | -2.6\% |
| Stationary Cycling (Recumbent/Upright) | 35,693 | 36,668 | 37,085 | 3.9\% | 1.1\% |
| Weight/Resistant Machines | 35,841 | 36,372 | 36,181 | 0.9\% | -0.5\% |
| Elliptical Motion Trainer | 31,826 | 33,238 | 33,056 | 3.9\% | -0.5\% |
| Yoga | 25,262 | 28,745 | 30,456 | 20.6\% | 6.0\% |
| Free Weights (Barbells) | 25,623 | 27,834 | 28,379 | 10.8\% | 2.0\% |
| Dance, Step, \& Choreographed Exercise | 21,455 | 22,391 | 23,957 | 11.7\% | 7.0\% |
| Bodyweight Exercise | 22,390 | 24,183 | 23,504 | 5.0\% | -2.8\% |
| Aerobics (High Impact/Intensity Training HIIT) | 19,746 | 21,611 | 22,044 | 11.6\% | 2.0\% |
| Stair Climbing Machine | 13,216 | 15,025 | 15,359 | 16.2\% | 2.2\% |
| Cross-Training Style Workout | 11,265 | 13,338 | 13,542 | 20.2\% | 1.5\% |
| Trail Running | 7,531 | 10,010 | 10,997 | 46.0\% | 9.9\% |
| Stationary Cycling (Group) | 8,449 | 9,434 | 9,930 | 17.5\% | 5.3\% |
| Pilates Training | 8,504 | 9,084 | 9,243 | 8.7\% | 1.8\% |
| Cardio Kickboxing | 6,747 | 6,838 | 7,026 | 4.1\% | 2.7\% |
| Boot Camp Style Cross-Training | 6,774 | 6,695 | 6,830 | 0.8\% | 2.0\% |
| Martial Arts | 5,364 | 5,821 | 6,068 | 13.1\% | 4.2\% |
| Boxing for Fitness | 5,113 | 5,166 | 5,198 | 1.7\% | 0.6\% |
| Tai Chi | 3,446 | 3,761 | 3,793 | 10.1\% | 0.9\% |
| Barre | 3,200 | 3,532 | 3,665 | 14.5\% | 3.8\% |
| Triathlon (Traditional/Road) | 2,203 | 2,168 | 2,001 | -9.2\% | -7.7\% |
| Triathlon (Non-Traditional/Off Road) | 1,411 | 1,589 | 1,472 | 4.3\% | -7.4\% |
| NOTE: Participation figures are in 000's for the US population ages 6 and over |  |  |  |  |  |
| Legend: | Large Increase (greater than 25\%) | Moderate Increase (0\% to $25 \%$ ) | $\begin{gathered} \text { Moderate } \\ \text { Decrease } \\ \text { (0\% to - }-25 \% \text { ) } \end{gathered}$ | Large Decrease (less than - $25 \%$ ) |  |

Figure 10:General Fitness National Participatory Trends


## NATIONAL TRENDS IN OUTDOOR RECREATION PARTICIPATION LEVELS

Results from the SFIA report demonstrate a contrast of growth and decline in participation regarding outdoor/adventure recreation activities. Much like the general fitness activities, these activities encourage an active lifestyle, can be performed individually or within a group, and are not as limited by time constraints. In 2019, the most popular activities, in terms of total participants, from the outdoor/ adventure Recreation category include: Day Hiking ( 49.7 million), Road Bicycling ( 39.4 million), Freshwater Fishing ( 39.2 million), and Camping within $1 / 4$ mile of Vehicle/Home ( 28.2 million), and Recreational Vehicle Camping ( 15.4 million).
 49.7 Million


Bicycling
(Road)
39.4 Million


Fishing
(Freshwater)
39.2 Million


Camping
( $<1 / 2 \mathrm{mi}$. of Car/Home) (Recreational Vehicle)
28.2 Million


Camping
15.4 Million

## FIVE-YEAR TREND

From 2014-2019, BMX Bicycling (55.2\%), Day Hiking (37.2\%), Fly Fishing (20.1\%), Salt Water Fishing $(11.6 \%)$, and Backpacking Overnight $(7.2 \%)$ have undergone the largest increases in participation.

The five-year trend also shows activities, such as In-Line Roller Skating (-20.5\%), Archery (-11.7\%), and Adventure Racing ( $-9.5 \%$ ) experiencing the largest decreases in participation.

## ONE-YEAR TREND

The one-year trend shows activities growing most rapidly being BMX Bicycling (6.1\%), Day Hiking (3.8\%, and Birdwatching ( $3.8 \%$ ). Over the last year, activities that underwent the largest decreases in participation include: Climbing ( $-5.5 \%$ ), In-Line Roller Skating ( $-4.4 \%$ ), and Camping Recreation Vehicle (-3.5).
CORE VS. CASUAL TRENDS IN OUTDOOR RECREATION
Outdoor recreation is split between participations increasing or decreasing. Adventure racing that has a greater percentage in core supporters has an overall decrease in causal participation of ( $-45.3 \%$, whereas In-Line Roller Skating is decreasing across both participation types. Outside of Adventure Racing, Inline Roller Skating, and Archery casual participation has increased across the board. Casual participation in the one-year trend only noted a decrease in Freshwater Fishing and Camping (Recreation Vehicle) different from the overarching five-year trend. Please see the Appendix for Full Core vs. Casual Participation breakdown.

| National Participatory Trends - Outdoor / Adventure Recreation |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Activity | Participation Levels |  |  | \% Change |  |
|  | 2014 | 2018 | 2019 | 5-Year Trend | 1-Year Trend |
| Hiking (Day) | 36,222 | 47,860 | 49,697 | 37.2\% | 3.8\% |
| Bicycling (Road) | 39,725 | 39,041 | 39,388 | -0.8\% | 0.9\% |
| Fishing (Freshwater) | 37,821 | 38,998 | 39,185 | 3.6\% | 0.5\% |
| Camping (< 1/4 Mile of Vehicle/Home) | 28,660 | 27,416 | 28,183 | -1.7\% | 2.8\% |
| Camping (Recreational Vehicle) | 14,633 | 15,980 | 15,426 | 5.4\% | -3.5\% |
| Fishing (Saltwater) | 11,817 | 12,830 | 13,193 | 11.6\% | 2.8\% |
| Birdwatching (>1/4 mile of Vehicle/Home) | 13,179 | 12,344 | 12,817 | -2.7\% | 3.8\% |
| Backpacking Overnight | 10,101 | 10,540 | 10,660 | 5.5\% | 1.1\% |
| Bicycling (Mountain) | 8,044 | 8,690 | 8,622 | 7.2\% | -0.8\% |
| Archery | 8,435 | 7,654 | 7,449 | -11.7\% | -2.7\% |
| Fishing (Fly) | 5,842 | 6,939 | 7,014 | 20.1\% | 1.1\% |
| Skateboarding | 6,582 | 6,500 | 6,610 | 0.4\% | 1.7\% |
| Roller Skating, In-Line | 6,061 | 5,040 | 4,816 | -20.5\% | -4.4\% |
| Bicycling (BMX) | 2,350 | 3,439 | 3,648 | 55.2\% | 6.1\% |
| Climbing (Traditional/Ice/Mountaineering) | 2,457 | 2,541 | 2,400 | -2.3\% | -5.5\% |
| Adventure Racing | 2,368 | 2,215 | 2,143 | -9.5\% | -3.3\% |
| NOTE: Participation figures are in 000's for the US population ages 6 and over |  |  |  |  |  |
| Legend: | Large Increase (greater than 25\%) | Moderate <br> Increase (0\% to $25 \%$ | Moderate <br> Decrease (0\% to - $25 \%$ ) | Large Decrease (less than -25\%) |  |

Figure 11: Outdoor / Adventure Recreation Participatory Trends


## NATIONAL TRENDS IN AQUATICS

PARTICIPATION LEVELS
Swimming is deemed as a lifetime activity, which is most likely why it continues to have such strong participation. In 2019, Fitness Swimming was the absolute leader in overall participation ( 28.2 million) amongst aquatic activities, largely due to its broad, multigenerational appeal.


Swimming
(Fitness)
28.2 Million


Aquatic
Exercise
11.2 Million


Swimming
(Competition)
2.8 Million

## FIVE-YEAR TREND

Assessing the five-year trend, all aquatic activities have experienced growth. Aquatic Exercise stands out having increased ( $22.7 \%$ from 2014-2019, most likely due to the ongoing research that demonstrates the activity's great therapeutic benefit, followed by Fitness Swimming (11.5\%), and Competitive Swimming (4.1\%).

## ONE-YEAR TREND

Only one activity declined in particpation in the one-year trend, Competitive Swimming (-7.3\%). Aquatic Exercise (6.4\%) had the largest increase in 2018, while Fitness Swimming increased (2.3\%).

CORE VS. CASUAL TRENDS IN AQUATICS
All aquatic activities have undergone increases in participation over the last five years, primarily due to large increases in casual participation (1-49 times per year). From 2014-2019, casual participants of Competitive Swimming increased by $22.7 \%$ Aquatic Exercise by $35.7 \%$ and Fitness Swimming by $18.4 \%$ However, all core participation ( $50+$ times per year) for aquatic activities have decreased over the last five years. Please see the Appendix for Full Core vs. Casual Participation breakdown.

| National Participatory Trends - Aquatics |  |  |  |  |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Activity | Participation Levels |  |  | \% Change |  |  |  |  |  |  |  |
|  | $\mathbf{2 0 1 4}$ | $\mathbf{2 0 1 8}$ | $\mathbf{2 0 1 9}$ | 5-Year Trend | 1-Year Trend |  |  |  |  |  |  |
| Swimming (Fitness) | 25,304 | 27,575 | 28,219 | $11.5 \%$ | $2.3 \%$ |  |  |  |  |  |  |
| Aquatic Exercise | 9,122 | 10,518 | 11,189 | $22.7 \%$ | $6.4 \%$ |  |  |  |  |  |  |
| Swimming (Competition) | 2,710 | 3,045 | 2,822 | $4.1 \%$ | $-7.3 \%$ |  |  |  |  |  |  |
| NOTE: Participation figures are in 000's for the US population ages 6 and over |  |  |  |  |  |  |  |  |  |  |  |
| Legend: |  |  |  |  |  |  | Large Increase <br> (greater than 25\%) | Moderate <br> Increase <br> (0\% to 25\%) | Moderate <br> Decrease <br> (0\% to - 25\%) | Large Decrease <br> (less than -25\%) |  |

Figure 12:Aquatic Participatory Trends

## NATIONAL TRENDS IN WATER SPORTS/ACTIVITIES PARTICIPATION LEVELS

The most popular water sports/ activities based on total participants in 2019 were Recreational Kayaking ( 11.4 million), Canoeing ( 8.9 million), and Snorkeling ( 7.7 million). It should be noted that water activity participation tends to vary based on regional, seasonal, and environmental factors. A region with more water access and a warmer climate is more likely to have a higher participation rate in water activities than a region that has long winter seasons or limited water access. Therefore, when assessing trends in water sports and activities, it is important to understand that fluctuations may be the result of environmental barriers, which can greatly influence water activity participation.


Kayaking
11.4 Million


Canoeing
8.9 Million


Snorkeling
7.7 Million


J et Skiing
5.1 Million


Sailing 3.6 Million

## FIVE-YEAR TREND

Over the last five years, Stand-Up Paddling (29.5\%) and Kayaking (recreational) ( $28.5 \%$ ) were the fastest growing water activity, followed by White Water Kayaking (9.9\%) and Surfing (8.9\%). From 2014-2019, activities declining in participation most rapidly were Water Skiing ( $-20.1 \%$, J et Skiing ( $-19.6 \%$ ), Scuba Diving (-13.7\%), Wakeboarding ( $-12.7 \%$, and Snorkeling ( $-12.5 \%$ ).

## ONE-YEAR TREND

Recreational Kayaking (3.3\%) and Stand-Up Paddling (3.8\%) also had a spike in participation this past year. Activities which experienced the largest decreases in participation in the most recent year include: Boardsailing/ Windsurfing ( $-9.7 \%$ ), Sea Kayaking (-5.5), and Water Skiing ( $-4.8 \%$.

## CORE VS. CASUAL TRENDS IN WATER SPORTS/ ACTIVITIES

As mentioned previously, regional, seasonal, and environmental limiting factors may influence the participation rate of water sports and activities. These factors may also explain why all water-based activities have drastically more casual participants than core participants, since frequencies of activities may be constrained by uncontrollable factors. These high causal user numbers are likely why a majority of water sports/ activities have experienced decreases in participation in recent years. Please see the Appendix for full Core vs. Casual Participation breakdown.

Parks and Recreation Master Plan


Figure 13: Water Sports / Activities Participatory Trends

1.3.3NON-PARTICIPANT INTEREST BY AGE SEGMENT

In addition to participation rates by generation, SFIA also tracks non-participant interest. These are activities that the U.S. population currently does not participate in due to physical or monetary barriers, but is interested in participating in. Below are the top five activities that each age segment would be most likely to partake in, if they were readily available.

Overall, the activities most age segments are interested in include: Camping, Bicycling, Fishing, and Swimming for Fitness. All of these are deemed as low-impact activities, making them accessible for any age segment to enjoy.


## NRPA'S PROGRAMS OFFERED BY PARK AND RECREATION AGENCIES (GREAT LAKES REGION)

NRPA's Agency Performance Review 2020 summarize key findings from NRPA Park Metrics, which is a benchmark tool that compares the management and planning of operating resources and capital facilities of park and recreation agencies. The report contains data from 1,053 park and recreation agencies across the U.S. as reported between
 2017 and 2019.

Based on this year's report, the typical agency (i.e., those at the median values) offers 187 programs annually, with roughly $64 \%$ of those programs being fee-based activities/ events.

According to the information reported to the NRPA, the top five programming activities most frequently offered by park and recreation agencies, both in the U.S. and regionally, are described in the table below (Figure 16). A complete comparison of regional and national programs offered by agencies can be found in Figure 17.

When comparing Great Lakes agencies to the U.S. average, team sports, social recreation events, themed special events, health \& wellness education, and fitness enhancement classes were all identified in the top five most commonly provided program areas offered regionally and nationally.

| Top 5 Most Offered Core Program Areas <br> (Offered by Parks and Recreation Agencies) |  |
| :---: | :---: |
| Great Lakes (\% of agencies offering) | U.S. (\% of agencies offering) |
| - Themed Special Events (88\%) | - Themed Special Events (88\%) |
| - Social Recreation Events (86\%) | - Team Sports (87\%) |
| - Team Sports (85\%) | - Social Recreation Events (87\%) |
| - Health \& Wellness Education (82\%) | - Fitness Enhancement Classes (82\%) |
| - Fitness Enhancement Classes (80\%) | - Health \& Wellness Education (81\%) |

Figure 14:Top 5 Core Program Areas

Overall, Great Lakes Region parks and recreation agencies are very similar to the U.S. average regarding program offerings. However, utilizing a discrepancy threshold of $+/-5 \%$ (or more), Great Lakes agencies are currently offering Health \& Wellness Education, Individual Sports, Safety Training, Performing Arts, Natural \& Cultural History Activities, Visual Arts, Golf, and Running/ Cycling races at a higher rate than the national average.


Figure 15:Programs Offered by Parks and Recreation Agencies

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TARGETED PROGRAMS FOR CHILDREN, SENIORS, AND PEOPLE WITH DISABILITIES
For a better understanding of targeted programs (programs that cater to a specific age segment, demographic, etc.), NRPA also tracks program offerings that are dedicated specifically to children, seniors, and people with disabilities. This allows for further analysis of these commonly targeted populations on a national and regional basis.

Based on information reported to the NRPA, the top three targeted programs offered by park and recreation agencies, nationally and regionally, are described in the table below (Figure 18). A complete comparison of regional and national targeted program offerings can be found in Figure 19.

| Top 3 Most Offered Core Program Areas (Targeting Children, Seniors, and/or People with Disabilities) |  |
| :---: | :---: |
| Great Lakes (\% of agencies offering) | U.S. (\% of agencies offering) |
| - Summer Camp (81\%) | - Summer Camp (83\%) |
| - Senior Programs (76\%) | - Senior Programs (78\%) |
| - Teen Programs (62\%) | - Teen Programs (65\%) |

Figure 16:Top 3 Core Target Program Areas
Agencies in the Great Lakes Region tend to offer targeted programs at a lower rate than the national average; however, Preschool Programs and Before School Programs are offered at a higher rate.


Figure 17:Targeted Programs for Children, Seniors, and People with Disabilities
1.3.4 LOCAL SPORT AND LEISURE MARKET POTENTIAL

## MARKET POTENTIAL INDEX (MPI)

The following charts show sports and leisure market potential data for the City residents as provided by ESRI. The MPI measures the probable demand for a product or service within the City. The MPI shows the likelihood that an adult resident of the City will participate in certain activities when compared to the national average. The national average is 100; therefore, numbers below 100 would represent lower than average participation rates, and numbers above 100 would represent higher than average participation rates. The service area is compared to the national average in four (4) categories: General Sports, Fitness, Outdoor Activity, and Commercial Recreation.

For each category, activities are listed in descending order, from highest to lowest MPI score. High index numbers (100+) are significant because they demonstrate that there is a greater potential that residents within the service area will actively participate in offerings provided by the City. Vice versa, below average MPI scores signal lower levels of participation for a given activity and may suggest where there is a need for certain recreational spaces, amenities, and/ or programs.

## GENERAL SPORTS MARKET POTENTIAL

The general sports MPI chart reveals that overall Davenport's residents are most likely to participate when it comes to Softball (105 MPI), Basketball (104 MPI), and Volleyball (101 MPI) when compared to the national average.


Figure 18: General Sports Participation Trends

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## FITNESS MARKET POTENTIAL

When analyzing Figure 19, Weight lifting ( 97 MPI ), Walking for Exercise ( 96 MPI ), and Swimming ( 92 MPI ) scored the highest amongst all fitness activities. While J ogging/ Running ( 86 MPI ), Zumba ( 86 MPI ), Pilates ( 85 MPI ), Yoga ( 83 MPI ), and Aerobics ( 82 MPI ) rounded out the least participated in activities, all below the national average.


Figure 19: Fitness Participation Trends

## OUTDOOR ACTIVITY MARKET POTENTIAL

The Outdoor Activity MPI chart reveals that overall Davenport's residents are most likely to participate in Fresh Water Fishing ( 103 MPI ) and Horseback Riding ( 100 MPI ). The lowest participation potential is with Hiking ( 84 MPI ) and Salt Water Fishing ( 83 MPI ).


Figure 20: Outdoor Activity Participation Trends

COMMERCIAL RECREATION MARKET POTENTIAL
The commercial recreation MPI chart shows 'Spent \$1-99 on sports/ rec equipment ( 108 MPI ), 'Did painting/ drawing' (104 MPI), 'Went overnight camping' (102 MPI), and 'Played musical instrument' (102 MPI ) as the top four activities among City residents when compared to the national average.


Figure 21: Commercial Recreation Participation Trends consulting

## CHAPTER TWO -OPERATIONAL DISTRICTS BY MARKET ANALYSIS

### 2.1 INTRODUCTION

In addition to the initial Market Analysis, which looked specifically at the City's population in totality, PROS also completed a supplementary Market Analysis which focused on Davenport's Operational Districts. This analysis provides a more comprehensive breakdown of the Davenports populace in terms of specific Operational Districts.

### 2.2 METHODOLOGY

Similar to the original City Market Analysis, PROS analyzed demographic characteristics and local recreational trends for each of the four Operational Districts. The boundaries seen below in Figures 22 were utilized for this Market Analysis.


Figure 22: Operational Districts

### 2.3 DEMOGRAPHIC ANALYSIS COMPARISON

2.3.1 OPERATIONAL DISTRICT DEMOGRAPHICS

The table below is a summary of each Operational District's demographic figures (see Figure 23). These figures are then compared to the City and State populations. This type of analysis allows Davenport to see how each of the four Districts compare to each other as well as on a City and State scale. The highlighted cells represent key takeaways from the comparison between the Operational Districts and the City population.
$\square=$ Represents 5\% higher than the City Average
$=$ Represents 5\%+ lower than the City Average

| 2020 Demographic Comparison |  |  | Emeis District | Redhawk District | Riverfront District | Davenport | Iowa |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Annual Growth Rate (2010-2020) | 0.49\% | 0.19\% | 0.57\% | 0.20\% | 0.36\% | 0.63\% |
|  | Projected Annual Growth Rate (2020-2035) | 0.46\% | 0.21\% | 0.50\% | 0.23\% | 0.35\% | 0.56\% |
|  | Annual Growth Rate (2010-2020) | 0.42\% | 0.23\% | 0.63\% | 0.31\% | 0.40\% | 0.64\% |
|  | Average Household Size | 2.38 | 2.48 | 2.28 | 2.35 | 2.37 | 2.41 |
|  | Ages 0-17 | 22\% | 25\% | 23\% | 22\% | 23\% | 22\% |
|  | Ages 18-34 | 24\% | 22\% | 25\% | 28\% | 25\% | 23\% |
|  | Ages 35-54 | 24\% | 24\% | 24\% | 24\% | 24\% | 24\% |
|  | Ages 55-74 | 23\% | 23\% | 21\% | 19\% | 21\% | 23\% |
|  | Ages 75+ | 7\% | 7\% | 7\% | 6\% | 7\% | 8\% |
|  | White Alone | 80.3\% | 78.3\% | 75.8\% | 68.9\% | 75.9\% | 87.7\% |
|  | Black Alone | 9.5\% | 9.7\% | 13.9\% | 16.6\% | 12.4\% | 4.1\% |
|  | American Indian | 0.3\% | 0.4\% | 0.3\% | 0.6\% | 0.4\% | 0.4\% |
|  | Asian | 3.2\% | 4.0\% | 3.9\% | 3.7\% | 3.7\% | 2.9\% |
|  | Pacific Islander | 0.1\% | 0.1\% | 0.1\% | 0.0\% | 0.1\% | 0.1\% |
|  | Some other Race | 2.0\% | 2.4\% | 2.0\% | 4.2\% | 2.7\% | 2.4\% |
|  | Two or More Races | 4.4\% | 5.0\% | 4.1\% | 5.9\% | 4.8\% | 2.4\% |
|  | Hispanic / Latino Origin (any race) | 7.6\% | 8.4\% | 7.5\% | 14.0\% | 9.3\% | 6.5\% |
|  | All Others | 92.4\% | 91.6\% | 92.5\% | 86.0\% | 90.7\% | 93.5\% |
|  | Per Capita Income | \$35,150 | \$25,574 | \$29,841 | \$21,615 | \$28,102 | \$31,912 |
|  | Median Household Income | \$59,939 | \$50,925 | \$55,078 | \$39,356 | \$51,130 | \$59,343 |

Figure 23: Operational District Demographic Comparative Summary Table
2.3.2 DEMOGRAPHIC IMPLICATIONS

While it is important not to generalize recreation needs and priorities based solely on demographics, the analysis suggests some potential implications for the City when analyzing the Operational Districts.

First, with the population expecting much less growth in Emeis District and Riverfront District, the Department should understand the level of service they provide within these Operational Districts. Updating parks and amenities within these Districts could spur growth. Likewise, if the level of service within the higher growth areas is appropriate, focus on maintaining what exists and address any unmet needs.

Second, income levels may indicate Districts where there is more disposable income and thus an opportunity to achieve or possibly exceed cost recovery goals. This could in turn help with programming in the lower income areas where it appears there may be less disposable income.

Finally, the City should ensure any financial assistance in access to facilities and programming is known by residents in the lower income Districts. This will aid in creating and continuing equity in access to quality of life assets

### 2.4 MARKET POTENTIAL INDEX COMPARISON

The following charts show sport and leisure market potential data for each of the four Operational Districts, as provided by ESRI. A Market Potential Index (MPI) measures the probable demand for a product or service within the defined District. The MPI shows the likelihood that an adult resident living within a specific District will participate in certain activities when compared to the U.S. national average. The national average is 100; therefore, numbers below 100 would represent lower than average participation rates, and numbers above 100 would represent higher than average participation rates. Each District is compared to the national average in four (4) categories - general sports, fitness, outdoor activity, and commercial recreation.
2.4.1OPERATIONAL DISTRICT MPI COMPARISON

Collectively, the Operational Districts tend to have near average MPI scores. However, when assessing each Operational District individually, Redhawk District demonstrates an above average MPI scores across all four recreation categories which is more than the other Districts. This is particularly noticeable when analyzing the fitness MPI chart.
These near or below average MPI scores show that certain Districts have a rather limited participation presence when it comes to specific recreational activities. This becomes significant when the Parks and Recreation Department considers starting up new programs or building new facilities, giving them a strong tool to estimate resident attendance and participation.
Districts with scores at or above the national average are highlighted for easy identification is a teal color. The tables below help identify Districts where there is a higher proclivity to participate

## GENERAL SPORTS MARKET POTENTIAL

The general sports MPI chart reveals that overall Davenport residents are most active in Softball, Basketball, and Volleyball when compared to the national average. All three of these activities scored 94 MPI or higher across all four Districts. This chart also identifies Redhawk District as being most likely to participate in general sports, followed by Duck Creek \& Riverfront District.

| Activity | Duck Creek <br> District | Emeis <br> District | Redhawk <br> District | Riverfront <br> District | Davenport <br> MPI | National <br> Average |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Baseball | 93 | 95 | 100 | 93 | 97 | 100 |
| Basketball | 101 | 94 | 107 | 101 | 104 | 100 |
| Football | 88 | 98 | 97 | 88 | 92 | 100 |
| Golf | 78 | 94 | 105 | 78 | 98 | 100 |
| Soccer | 92 | 67 | 80 | 92 | 82 | 100 |
| Softball | 110 | 109 | 103 | 110 | 105 | 100 |
| Tennis | 84 | 57 | 78 | 84 | 80 | 100 |
| Volleyball | 107 | 99 | 97 | 107 | 101 | 100 |

Figure 24: District General Sports Participation Trends

FITNESS MARKET POTENTIAL
When analyzing the fitness MPI chart, averaging each activity potential, walking for exercise and weight lifting appears to be the most popular activity having 100+ MPI score. However, in Redhawk District weight lifting and swimming are the most popular activity.

| Activity | Duck Creek <br> District | Emeis <br> District | Redhawk <br> District | Riverfront <br> District | Davenport <br> MPI | National <br> Average |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Aerobics | 69 | 78 | 89 | 69 | 82 | 100 |
| Jogging/Running | 66 | 82 | 95 | 66 | 86 | 100 |
| Pilates | 82 | 68 | 85 | 82 | 85 | 100 |
| Swimming | 74 | 87 | 100 | 74 | 92 | 100 |
| Walking for Exercise | 81 | 96 | 99 | 81 | 96 | 100 |
| Weight Lifting | 78 | 94 | 107 | 78 | 97 | 100 |
| Yoga | 63 | 81 | 93 | 63 | 83 | 100 |
| Zumba | 84 | 86 | 93 | 84 | 86 | 100 |

Figure 25: District Fitness Participation Trends

## OUTDOOR ACTIVITY MARKET POTENTIAL

The outdoor activity chart exhibits slightly higher participation potential than fitness. The most popular activity in three districts is fresh water fishing. Redhawk District has the highest participation averages for all activities except in fresh water fishing and horseback riding.

| Activity | Duck Creek <br> District | Emeis <br> District | Redhawk <br> District | Riverfront <br> District | Davenport <br> MPI | National <br> Average |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Backpacking | 79 | 86 | 95 | 79 | 91 | 100 |
| Bicycling (mountain) | 86 | 92 | 100 | 86 | 96 | 100 |
| Bicycling (road) | 80 | 94 | 101 | 80 | 97 | 100 |
| Boating (power) | 73 | 86 | 100 | 73 | 90 | 100 |
| Canoeing/Kayaking | 82 | 88 | 100 | 82 | 96 | 100 |
| Fishing (fresh water) | 103 | 104 | 99 | 103 | 103 | 100 |
| Fishing (salt water) | 71 | 80 | 92 | 71 | 83 | 100 |
| Hiking | 59 | 78 | 94 | 59 | 84 | 100 |
| Horseback Riding | 102 | 99 | 95 | 102 | 100 | 100 |

Figure 26: District Outdoor Activity Participation Trends

COMMERCIAL RECREATION MARKET POTENTIAL
When analyzing the commercial recreation MPI chart, 'Spent \$1-99 on sports/ rec equipment' scored 100+ amongst all four Districts, making it the most participated in commercial recreation activity when compared to the nation average.

| Activity | Duck Creek <br> District | Emeis <br> District | Redhawk <br> District | Riverfront <br> District | Davenport <br> MPI | National <br> Average |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Attended classical music/opera performance | 91 | 66 | 92 | 91 | 93 | 100 |
| Attended country music performance | 93 | 102 | 98 | 93 | 101 |  |
| Attended dance performance | 82 | 82 | 85 | 82 | 86 |  |
| Attended sports event | 77 | 90 | 97 | 77 | 100 |  |
| Danced/went dancing | 90 | 81 | 87 | 90 | 100 |  |
| Did painting/drawing | 92 | 103 | 113 | 92 | 104 |  |
| Did photo album/scrapbooking | 87 | 99 | 110 | 87 | 100 |  |
| Did photography | 72 | 90 | 94 | 72 | 89 | 100 |
| Participate in indoor gardening/plant care | 96 | 99 | 95 | 96 | 99 | 100 |
| Played musical instrument | 97 | 96 | 101 | 97 | 102 | 100 |
| Spent \$1-99 on sports/rec equip | 105 | 107 | 104 | 105 | 108 |  |
| Spent \$250+ on sports/rec equip | 71 | 95 | 97 | 71 | 91 | 100 |
| Spent \$100-249 on sports/rec equip | 71 | 84 | 93 | 71 | 85 | 100 |
| Visited a theme park in last 12 months | 65 | 83 | 91 | 65 | 82 | 100 |
| Visited a zoo in the last 12 months | 87 | 95 | 109 | 87 | 101 | 100 |
| Visited an indoor water park in last 12 months | 92 | 86 | 86 | 92 | 90 | 100 |
| Went Ice Skating in last 12 months | 77 | 72 | 103 | 77 | 90 | 100 |
| Went overnight camping in last 12 months | 90 | 108 | 104 | 90 | 102 | 100 |
| Went to art gallery | 77 | 74 | 90 | 77 | 87 | 100 |
| Went to live theater | 60 | 80 | 91 | 60 | 84 | 100 |
| Went to museum | 71 | 76 | 99 | 71 | 89 | 100 |

Figure 27: District Commercial Recreation Participation Trends
2.5 APPENDIX A- CORE VS. CASUAL PARTICIPATION TRENDS
2.5.1 GENERAL SPORTS

| National Core vs Casual Participatory Trends - General Sports |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Activity | Participation Levels |  |  |  |  |  | \% Change |  |
|  | 2013 |  | 2017 |  | 2018 |  | 5-Year Trend | 1-Year Trend |
|  | \# | \% | \# | \% | \# | \% |  |  |
| Golf (9 or 18-Hole Course) | 24,720 | 100\% | 23,829 | 100\% | N/A | 100\% | N/A | N/A |
| Basketball | 23,669 | 100\% | 23,401 | 100\% | 24,225 | 100\% | 2.3\% | 3.5\% |
| Casual (1-12 times) | 6,998 | 30\% | 8,546 | 37\% | 9,335 | 39\% | 33.4\% | 9.2\% |
| Core(13+ times) | 16,671 | 70\% | 14,856 | 63\% | 14,890 | 61\% | -10.7\% | 0.2\% |
| Tennis | 17,678 | 100\% | 17,683 | 100\% | 17,841 | 100\% | 0.9\% | 0.9\% |
| Baseball | 13,284 | 100\% | 15,642 | 100\% | 15,877 | 100\% | 19.5\% | 1.5\% |
| Casual (1-12 times) | 4,201 | 32\% | 6,405 | 41\% | 6,563 | 41\% | 56.2\% | 2.5\% |
| Core (13+ times) | 9,083 | 68\% | 9,238 | 59\% | 9,314 | 59\% | 2.5\% | 0.8\% |
| Soccer (Outdoor) | 12,726 | 100\% | 11,924 | 100\% | 11,405 | 100\% | -10.4\% | -4.4\% |
| Casual (1-25 times) | 6,532 | 51\% | 6,665 | 56\% | 6,430 | 56\% | -1.6\% | -3.5\% |
| Core (26+ times) | 6,194 | 49\% | 5,259 | 44\% | 4,975 | 44\% | -19.7\% | -5.4\% |
| Softball (Slow Pitch) | 6,868 | 100\% | 7,283 | 100\% | 7,386 | 100\% | 7.5\% | 1.4\% |
| Casual (1-12 times) | 2,685 | 39\% | 3,060 | 42\% | 3,281 | 44\% | 22.2\% | 7.2\% |
| Core(13+ times) | 4,183 | 61\% | 4,223 | 58\% | 4,105 | 56\% | -1.9\% | -2.8\% |
| Badminton | 7,150 | 100\% | 6,430 | 100\% | 6,337 | 100\% | -11.4\% | -1.4\% |
| Casual (1-12 times) | 4,834 | 68\% | 4,564 | 71\% | 4,555 | 72\% | -5.8\% | -0.2\% |
| Core(13+ times) | 2,316 | 32\% | 1,867 | 29\% | 1,782 | 28\% | -23.1\% | -4.6\% |
| Volleyball (Court) | 6,433 | 100\% | 6,317 | 100\% | 6,317 | 100\% | -1.8\% | 0.0\% |
| Casual (1-12 times) | 2,715 | 42\% | 2,939 | 47\% | 2,867 | 45\% | 5.6\% | -2.4\% |
| Core(13+ times) | 3,718 | 58\% | 3,378 | 53\% | 3,450 | 55\% | -7.2\% | 2.1\% |
| Football, Flag | 5,610 | 100\% | 6,551 | 100\% | 6,572 | 100\% | 17.1\% | 0.3\% |
| Casual (1-12 times) | 2,813 | 50\% | 3,572 | 55\% | 3,573 | 54\% | 27.0\% | 0.0\% |
| Core(13+ times) | 2,797 | 50\% | 2,979 | 45\% | 2,999 | 46\% | 7.2\% | 0.7\% |
| Core Age 6 to 17(13+ times) | 1,363 | 50\% | 1,565 | 55\% | 1,578 | 54\% | 15.8\% | 0.8\% |
| Football, Touch | 7,140 | 100\% | 5,629 | 100\% | 5,517 | 100\% | -22.7\% | -2.0\% |
| Casual (1-12 times) | 3,952 | 55\% | 3,332 | 59\% | 3,313 | 60\% | -16.2\% | -0.6\% |
| Core(13+ times) | 3,188 | 45\% | 2,297 | 41\% | 2,204 | 40\% | -30.9\% | -4.0\% |
| Volleyball (Sand/Beach) | 4,769 | 100\% | 4,947 | 100\% | 4,770 | 100\% | 0.0\% | -3.6\% |
| Casual (1-12 times) | 3,261 | 68\% | 3,544 | 72\% | 3,261 | 68\% | 0.0\% | -8.0\% |
| Core(13+ times) | 1,509 | 32\% | 1,403 | 28\% | 1,509 | 32\% | 0.0\% | 7.6\% |
| Football, Tackle | 6,165 | 100\% | 5,224 | 100\% | 5,157 | 100\% | -16.4\% | -1.3\% |
| Casual (1-25 times) | 2,601 | 42\% | 2,145 | 41\% | 2,258 | 44\% | -13.2\% | 5.3\% |
| Core(26+ times) | 3,564 | 58\% | 3,078 | 59\% | 2,898 | 56\% | -18.7\% | -5.8\% |
| Core Age 6 to 17(26+ times) | 2,586 | 42\% | 2,427 | 41\% | 2,353 | 44\% | -9.0\% | -3.0\% |
| Gymnastics | 4,972 | 100\% | 4,805 | 100\% | 4,770 | 100\% | -4.1\% | -0.7\% |
| Casual (1-49 times) | 3,209 | 65\% | 3,139 | 65\% | 3,047 | 64\% | -5.0\% | -2.9\% |
| Core(50+ times) | 1,763 | 35\% | 1,666 | 35\% | 1,723 | 36\% | -2.3\% | 3.4\% |
| Soccer (Indoor) | 4,803 | 100\% | 5,399 | 100\% | 5,233 | 100\% | 9.0\% | -3.1\% |
| Casual (1-12 times) | 1,967 | 41\% | 2,657 | 49\% | 2,452 | 47\% | 24.7\% | -7.7\% |
| Core(13+ times) | 2,836 | 59\% | 2,742 | 51\% | 2,782 | 53\% | -1.9\% | 1.5\% |
| NOTE: Participation figures are in 000's for the US population ages 6 and over |  |  |  |  |  |  |  |  |
| Participation Growth/Decline | Large Increase (greater than 25\%) |  | Moderate Increase (0\% to 25\%) |  | Moderate Decrease (0\% to -25\%) |  | Large Decrease (less than -25\%) |  |
| Core vs Casual Distribution | Mostly Core Participants (greater than 75\%) |  | More Core Participants (5674\%) |  | Evenly Divided (45-55\% Core and Casual) |  | $\begin{gathered} \text { More Casual } \\ \text { Participants (56-74\%) } \end{gathered}$ | Mostly Casual <br> Participants (greater than $75 \%)$ |

2.5.2 GENERAL SPORTS (CONTINUED)

| National Core vs Casual Participatory Trends - General Sports |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Activity | Participation Levels |  |  |  |  |  | \% Change |  |
|  | 2013 |  | 2017 |  | 2018 |  | 5-Year Trend | 1-Year Trend |
|  | \# | \% | \# | \% | \# | \% |  |  |
| Track and Field | 4,071 | 100\% | 4,161 | 100\% | 4,143 | 100\% | 1.8\% | -0.4\% |
| Casual (1-25 times) | 1,808 | 44\% | 2,040 | 49\% | 2,071 | 50\% | 14.5\% | 1.5\% |
| Core(26+ times) | 2,263 | 56\% | 2,121 | 51\% | 2,072 | 50\% | -8.4\% | -2.3\% |
| Cheerleading | 3,235 | 100\% | 3,816 | 100\% | 3,841 | 100\% | 18.7\% | 0.7\% |
| Casual (1-25 times) | 1,669 | 52\% | 2,164 | 57\% | 2,039 | 53\% | 22.2\% | -5.8\% |
| Core(26+ times) | 1,566 | 48\% | 1,653 | 43\% | 1,802 | 47\% | 15.1\% | 9.0\% |
| Ultimate Frisbee | 5,077 | 100\% | 3,126 | 100\% | 2,710 | 100\% | -46.6\% | -13.3\% |
| Casual (1-12 times) | 3,715 | 73\% | 2,270 | 73\% | 1,852 | 68\% | -50.1\% | -18.4\% |
| Core(13+ times) | 1,363 | 27\% | 856 | 27\% | 858 | 32\% | -37.1\% | 0.2\% |
| Racquetball | 3,824 | 100\% | 3,526 | 100\% | 3,480 | 100\% | -9.0\% | -1.3\% |
| Casual (1-12 times) | 2,569 | 67\% | 2,451 | 70\% | 2,407 | 69\% | -6.3\% | -1.8\% |
| Core(13+ times) | 1,255 | 33\% | 1,075 | 30\% | 1,073 | 31\% | -14.5\% | -0.2\% |
| Pickleball | N/A | 100\% | 3,132 | 100\% | 3,301 | 100\% | N/A | 5.4\% |
| Ice Hockey | 2,393 | 100\% | 2,544 | 100\% | 2,447 | 100\% | 2.3\% | -3.8\% |
| Casual (1-12 times) | 1,093 | 46\% | 1,227 | 48\% | 1,105 | 45\% | 1.1\% | -9.9\% |
| Core(13+ times) | 1,300 | 54\% | 1,317 | 52\% | 1,342 | 55\% | 3.2\% | 1.9\% |
| Softball (Fast Pitch) | 2,498 | 100\% | 2,309 | 100\% | 2,303 | 100\% | -7.8\% | -0.3\% |
| Casual (1-25 times) | 1,117 | 45\% | 1,077 | 47\% | 1,084 | 47\% | -3.0\% | 0.6\% |
| Core(26+ times) | 1,381 | 55\% | 1,232 | 53\% | 1,219 | 53\% | -11.7\% | -1.1\% |
| Lacrosse | 1,813 | 100\% | 2,171 | 100\% | 2,098 | 100\% | 15.7\% | -3.4\% |
| Casual (1-12 times) | 914 | 50\% | 1,142 | 53\% | 1,036 | 49\% | 13.3\% | -9.3\% |
| Core(13+ times) | 899 | 50\% | 1,030 | 47\% | 1,061 | 51\% | 18.0\% | 3.0\% |
| Roller Hockey | 1,298 | 100\% | 1,834 | 100\% | 1,734 | 100\% | 33.6\% | -5.5\% |
| Casual (1-12 times) | 841 | 65\% | 1,419 | 77\% | 1,296 | 75\% | 54.1\% | -8.7\% |
| Core(13+ times) | 457 | 35\% | 415 | 23\% | 437 | 25\% | -4.4\% | 5.3\% |
| Wrestling | 1,829 | 100\% | 1,896 | 100\% | 1,908 | 100\% | 4.3\% | 0.6\% |
| Casual (1-25 times) | 948 | 52\% | 1,179 | 62\% | 1,160 | 61\% | 22.4\% | -1.6\% |
| Core(26+ times) | 881 | 48\% | 717 | 38\% | 748 | 39\% | -15.1\% | 4.3\% |
| Rugby | 1,183 | 100\% | 1,621 | 100\% | 1,560 | 100\% | 31.9\% | -3.8\% |
| Casual (1-7 times) | 756 | 64\% | 1,097 | 68\% | 998 | 64\% | 32.0\% | -9.0\% |
| Core(8+ times) | 427 | 36\% | 524 | 32\% | 562 | 36\% | 31.6\% | 7.3\% |
| Squash | 1,414 | 100\% | 1,492 | 100\% | 1,285 | 100\% | -9.1\% | -13.9\% |
| Casual (1-7 times) | 1,082 | 77\% | 1,044 | 70\% | 796 | 62\% | -26.4\% | -23.8\% |
| Core(8+ times) | 332 | 23\% | 447 | 30\% | 489 | 38\% | 47.3\% | 9.4\% |
| Field Hockey |  | 100\% | 1,596 | 100\% |  | 100\% | \#DIV/0! | -100.0\% |
| Casual (1-7 times) |  | \#DIV/0! | 897 | 56\% |  | \#DIV/0! | \#DIV/0! | -100.0\% |
| Core(8+ times) |  | \#DIV/0! | 700 | 44\% |  | \#DIV/0! | \#DIV/0! | -100.0\% |
| Boxing for Competition | 1,134 | 100\% | 1,368 | 100\% | 1,310 | 100\% | 15.5\% | -4.2\% |
| Casual (1-12 times) | 982 | 87\% | 1,168 | 85\% | 1,118 | 85\% | 13.8\% | -4.3\% |
| Core(13+ times) | 152 | 13\% | 199 | 15\% | 192 | 15\% | 26.3\% | -3.5\% |
| NOTE: Participation figures are in 000's for the US population ages 6 and over |  |  |  |  |  |  |  |  |
| Participation Growth/Decline | Large Increase (greater than 25\%) |  | Moderate Increase (0\% to 25\%) |  | Moderate Decrease (0\% to -25\%) |  | Large Decrease (less than -25\%) |  |
| Core vs Casual Distribution | Mostly Core Participants (greater than 75\%) |  | More Core Participants (5674\%) |  | Evenly Divided (45-55\% Core and Casual) |  | More Casual Participants (56-74\%) | Mostly Casual <br> Participants (greater than <br> $75 \%$ ) |

### 2.5.3 GENERAL FITNESS

| National Core vs Casual Participatory Trends - General Fitness |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Activity | Participation Levels |  |  |  |  |  | \% Change |  |
|  | 2013 |  | 2017 |  | 2018 |  | 5-Year Trend | 1-Year Trend |
|  | \# | \% | \# | \% | \# | \% |  |  |
| Fitness Walking | 117,351 | 100\% | 110,805 | 100\% | 111,001 | 100\% | -5.4\% | 0.2\% |
| Casual (1-49 times) | 37,538 | 32\% | 35,326 | 32\% | 36,139 | 33\% | -3.7\% | 2.3\% |
| Core(50+ times) | 79,813 | 68\% | 75,479 | 68\% | 74,862 | 67\% | -6.2\% | -0.8\% |
| Treadmill | 48,166 | 100\% | 52,966 | 100\% | 53,737 | 100\% | 11.6\% | 1.5\% |
| Casual (1-49 times) | 21,747 | 45\% | 24,444 | 46\% | 25,826 | 48\% | 18.8\% | 5.7\% |
| Core(50+times) | 26,419 | 55\% | 28,523 | 54\% | 27,911 | 52\% | 5.6\% | -2.1\% |
| Free Weights (Dumbbells/Hand Weights) | 58,267 | 100\% | 52,217 | 100\% | 51,291 | 100\% | -12.0\% | -1.8\% |
| Casual (1-49 times) | 18,891 | 32\% | 18,866 | 36\% | 18,702 | 36\% | -1.0\% | -0.9\% |
| Running/Jogging Core(50+times) | 39,376 | 68\% | 33,351 | 64\% | 32,589 | 64\% | -17.2\% | -2.3\% |
|  | 54,188 | 100\% | 50,770 | 100\% | 49,459 | 100\% | -8.7\% | -2.6\% |
| Casual (1-49 times) | 24,345 | 45\% | 24,004 | 47\% | 24,399 | 49\% | 0.2\% | 1.6\% |
| Core(50+ times) | 29,843 | 55\% | 26,766 | 53\% | 25,061 | 51\% | -16.0\% | -6.4\% |
| Stationary Cycling (Recumbent/Upright) | 35,247 | 100\% | 36,035 | 100\% | 36,668 | 100\% | 4.0\% | 1.8\% |
| Casual (1-49 times) | 18,311 | 52\% | 18,447 | 51\% | 19,282 | 53\% | 5.3\% | 4.5\% |
| Core(50+ times) | 16,936 | 48\% | 17,588 | 49\% | 17,387 | 47\% | 2.7\% | -1.1\% |
| Weight/Resistant Machines | 36,267 | 100\% | 36,291 | 100\% | 36,372 | 100\% | 0.3\% | 0.2\% |
| Casual (1-49 times) | 14,857 | 41\% | 14,496 | 40\% | 14,893 | 41\% | 0.2\% | 2.7\% |
| Core(50+ times) | 21,410 | 59\% | 21,795 | 60\% | 21,479 | 59\% | 0.3\% | -1.4\% |
|  | N/A | N/A | 33,195 | 100\% | N/A | N/A | N/A | N/A |
| Casual (1-49 times) | N/A | N/A | 10,095 | 30\% | N/A | N/A | N/A | N/A |
| Core(50+ times) | N/A | N/A | 23,100 | 70\% | N/A | N/A | N/A | N/A |
| Elliptical Motion Trainer* | 30,410 | 100\% | 32,283 | 100\% | 33,238 | 100\% | 9.3\% | 3.0\% |
| Casual (1-49 times) | 14,770 | 49\% | 15,854 | 49\% | 16,889 | 51\% | 14.3\% | 6.5\% |
|  Core(50+ times) <br> Free Weights (Barbells)  | 15,640 | 51\% | 16,430 | 51\% | 16,349 | 49\% | 4.5\% | -0.5\% |
|  | 25,641 | 100\% | 27,444 | 100\% | 27,834 | 100\% | 8.6\% | 1.4\% |
| Casual (1-49 times) | 9,613 | 37\% | 10,868 | 40\% | 11,355 | 41\% | 18.1\% | 4.5\% |
| Core(50+ times) | 16,028 | 63\% | 16,576 | 60\% | 16,479 | 59\% | 2.8\% | -0.6\% |
| Yoga | 24,310 | 100\% | 27,354 | 100\% | 28,745 | 100\% | 18.2\% | 5.1\% |
| Casual (1-49 times) | 14,129 | 58\% | 16,454 | 60\% | 17,553 | 61\% | 24.2\% | 6.7\% |
| Core(50+ times) | 10,182 | 42\% | 10,900 | 40\% | 11,193 | 39\% | 9.9\% | 2.7\% |
| Calisthenics/Bodyweight Exercise | N/A | N/A | 24,454 | 100\% | 24,183 | 100\% | N/A | -1.1\% |
| Casual(1-49 times) | N/A | N/A | 10,095 | 41\% | 9,674 | 40\% | N/A | -4.2\% |
| Core(50+ times) | N/A | N/A | 14,359 | 59\% | 14,509 | 60\% | N/A | 1.0\% |
| Choreographed Exercise | N/A | N/A | 22,616 | 100\% | 22,391 | 100\% | N/A | -1.0\% |
| Casual (1-49 times) | N/A | N/A | 14,867 | 66\% | 14,503 | 65\% | N/A | -2.4\% |
| Core(50+ times) | N/A | N/A | 7,748 | 34\% | 7,888 | 35\% | N/A | 1.8\% |
| NOTE: Participation figures are in 000's for the US population ages 6 and over |  |  |  |  |  |  |  |  |
| Participation Growth/Decline | Large Increase (greater than 25\%) |  | Moderate Increase (0\% to 25\%) |  | Moderate Decrease ( $0 \%$ to $-25 \%$ ) |  | Large Decrease (less than -25\%) |  |
| Core vs Casual Distribution | Mostly Core Participants (greater than 75\%) |  | More Core Participants (5674\%) |  | Evenly Divided (45-55\% Core and Casual) |  | More Casual Participants (56-74\%) | Mostly Casual Participants (greater than 75\%) |

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### 2.5.4 GENERAL FITNESS (CONTINUED)

| National Core vs Casual Participatory Trends - General Fitness |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Activity | Participation Levels |  |  |  |  |  | \% Change |  |
|  | 2013 |  | 2017 |  | 2018 |  | 5-Year Trend | 1-Year Trend |
|  | \# | \% | \# | \% | \# | \% |  |  |
| Aerobics (High Impact) | 17,323 | 100\% | 21,476 | 100\% | 21,611 | 100\% | 24.8\% | 0.6\% |
| Casual (1-49 times) | 8,986 | 52\% | 12,105 | 56\% | 11,828 | 55\% | 31.6\% | -2.3\% |
| Core(50+ times) | 8,337 | 48\% | 9,370 | 44\% | 9,783 | 45\% | 17.3\% | 4.4\% |
| Stair Climbing Machine | 12,642 | 100\% | 14,948 | 100\% | 15,025 | 100\% | 18.8\% | 0.5\% |
| Casual (1-49 times) | 7,365 | 58\% | 9,501 | 64\% | 9,643 | 64\% | 30.9\% | 1.5\% |
| Core(50+ times) | 5,277 | 42\% | 5,447 | 36\% | 5,382 | 36\% | 2.0\% | -1.2\% |
| Cross-Training Style Workout | N/A | 100\% | 13,622 | 100\% | 13,338 | 100\% | N/A | -2.1\% |
| Casual (1-49 times) | N/A | N/A | 6,890 | 51\% | 6,594 | 49\% | N/A | -4.3\% |
| Core(50+ times) | N/A | N/A | 6,732 | 49\% | 6,744 | 51\% | N/A | 0.2\% |
| Stationary Cycling (Group) | 8,309 | 100\% | 9,409 | 100\% | 9,434 | 100\% | 13.5\% | 0.3\% |
| Casual (1-49 times) | 5,253 | 63\% | 6,023 | 64\% | 6,097 | 65\% | 16.1\% | 1.2\% |
| Core(50+ times) | 3,056 | 37\% | 3,386 | 36\% | 3,337 | 35\% | 9.2\% | -1.4\% |
| Pilates Training | 8,069 | 100\% | 9,047 | 100\% | 9,084 | 100\% | 12.6\% | 0.4\% |
| Casual (1-49 times) | 4,782 | 59\% | 5,698 | 63\% | 5,845 | 64\% | 22.2\% | 2.6\% |
| Core(50+ times) | 3,287 | 41\% | 3,348 | 37\% | 3,238 | 36\% | -1.5\% | -3.3\% |
| Trail Running | 6,792 | 100\% | 9,149 | 100\% | 10,010 | 100\% | 47.4\% | 9.4\% |
| Cardio Kickboxing | 6,311 | 100\% | 6,693 | 100\% | 6,838 | 100\% | 8.4\% | 2.2\% |
| Casual (1-49 times) | 4,088 | 65\% | 4,671 | 70\% | 4,712 | 69\% | 15.3\% | 0.9\% |
| Core(50+ times) | 2,223 | 35\% | 2,022 | 30\% | 2,126 | 31\% | -4.4\% | 5.1\% |
| Boot Camp Style Training | 6,911 | 100\% | 6,651 | 100\% | 6,695 | 100\% | -3.1\% | 0.7\% |
| Casual (1-49 times) | 4,490 | 65\% | 4,637 | 70\% | 4,780 | 71\% | 6.5\% | 3.1\% |
| Core(50+ times) | 2,421 | 35\% | 2,014 | 30\% | 1,915 | 29\% | -20.9\% | -4.9\% |
| Martial Arts | 5,314 | 100\% | 5,838 | 100\% | 5,821 | 100\% | 9.5\% | -0.3\% |
| Casual (1-12 times) | 1,533 | 29\% | 2,021 | 35\% | 1,991 | 34\% | 29.9\% | -1.5\% |
| Core(13+ times) | 3,781 | 71\% | 3,816 | 65\% | 3,830 | 66\% | 1.3\% | 0.4\% |
| Boxing for Fitness | 5,251 | 100\% | 5,157 | 100\% | 5,166 | 100\% | -1.6\% | 0.2\% |
| Casual(1-12 times) | 2,538 | 48\% | 2,738 | 53\% | 2,714 | 53\% | 6.9\% | -0.9\% |
| Core(13+ times) | 2,713 | 52\% | 2,419 | 47\% | 2,452 | 47\% | -9.6\% | 1.4\% |
| Tai Chi | 3,469 | 100\% | 3,787 | 100\% | 3,761 | 100\% | 8.4\% | -0.7\% |
| Casual (1-49 times) | 2,019 | 58\% | 2,329 | 61\% | 2,360 | 63\% | 16.9\% | 1.3\% |
| Core(50+ times) | 1,450 | 42\% | 1,458 | 39\% | 1,400 | 37\% | -3.4\% | -4.0\% |
| Barre | 2,901 | 100\% | 3,436 | 100\% | 3,532 | 100\% | 21.8\% | 2.8\% |
| Casual (1-49 times) | 2,276 | 78\% | 2,701 | 79\% | 2,750 | 78\% | 20.8\% | 1.8\% |
| Core(50+ times) | 625 | 22\% | 735 | 21\% | 782 | 22\% | 25.1\% | 6.4\% |
| Triathlon (Traditional/Road) | 2,262 | 100\% | 2,162 | 100\% | 2,168 | 100\% | -4.2\% | 0.3\% |
| Triathlon (Non-Traditional/Off Road) | 1,390 | 100\% | 1,878 | 100\% | 1,589 | 100\% | 14.3\% | -15.4\% |
| NOTE: Participation figures are in 000's for the US population ages 6 and over |  |  |  |  |  |  |  |  |
| Participation Growth/Decline | Large Increase (greater than 25\%) |  | Moderate Increase ( $0 \%$ to $25 \%$ ) |  | Moderate Decrease (0\% to -25\%) |  | Large Decrease (less than -25\%) |  |
| Core vs Casual Distribution | Mostly Core Participants (greater than $75 \%$ ) |  | More Core Participants (5674\%) |  | Evenly Divided (45-55\% Core and Casual) |  | More Casual Participants (56-74\%) | Mostly Casual Participants (greater than 75\%) |

### 2.5.5 OUTDOOR/ADVENTURE RECREATION

| National Core vs Casual Participatory Trends - Outdoor / Adventure Recreation |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Activity | Participation Levels |  |  |  |  |  | \% Change |  |
|  | 2013 |  | 2017 |  | 2018 |  | 5-Year Trend | 1-Year Trend |
|  | \# | \% | \# | \% | \# | \% |  |  |
| Hiking (Day) | 34,378 | 100\% | 44,900 | 100\% | 47,860 | 100\% | 39.2\% | 6.6\% |
| Bicycling (Road) | 40,888 | 100\% | 38,866 | 100\% | 39,041 | 100\% | -4.5\% | 0.5\% |
| Casual (1-25 times) | 19,470 | 48\% | 20,212 | 52\% | 20,777 | 53\% | 6.7\% | 2.8\% |
| Core(26+ times) | 21,417 | 52\% | 18,654 | 48\% | 18,264 | 47\% | -14.7\% | -2.1\% |
| Fishing (Freshwater) | 37,796 | 100\% | 38,346 | 100\% | 38,998 | 100\% | 3.2\% | 1.7\% |
| Casual (1-7 times) | 20,067 | 53\% | 19,977 | 52\% | 21,099 | 54\% | 5.1\% | 5.6\% |
| Core(8+ times) | 17,729 | 47\% | 18,369 | 48\% | 17,899 | 46\% | 1.0\% | -2.6\% |
| Camping ( $<1 / 4$ Mile of Vehicle/Home) | 29,269 | 100\% | 26,262 | 100\% | 27,416 | 100\% | -6.3\% | 4.4\% |
| Camping (Recreational Vehicle) | 14,556 | 100\% | 16,159 | 100\% | 15,980 | 100\% | 9.8\% | -1.1\% |
| Casual (1-7 times) | 7,895 | 54\% | 9,332 | 58\% | 9,103 | 57\% | 15.3\% | -2.5\% |
| Core(8+ times) | 6,661 | 46\% | 6,826 | 42\% | 6,877 | 43\% | 3.2\% | 0.7\% |
| Fishing (Saltwater) | 11,790 | 100\% | 13,062 | 100\% | 12,830 | 100\% | 8.8\% | -1.8\% |
| Casual (1-7 times) | 7,060 | 60\% | 7,625 | 58\% | 7,636 | 60\% | 8.2\% | 0.1\% |
| Core(8+ times) | 4,730 | 40\% | 5,437 | 42\% | 5,194 | 40\% | 9.8\% | -4.5\% |
| Birdwatching (>1/4 mile of Vehicle/Home) | 14,152 | 100\% | 12,296 | 100\% | 12,344 | 100\% | -12.8\% | 0.4\% |
| Backpacking Overnight | 9,069 | 100\% | 10,975 | 100\% | 10,540 | 100\% | 16.2\% | -4.0\% |
| Bicycling (Mountain) | 8,542 | 100\% | 8,609 | 100\% | 8,690 | 100\% | 1.7\% | 0.9\% |
| Casual (1-12 times) | 3,751 | 44\% | 4,389 | 51\% | 4,294 | 49\% | 14.5\% | -2.2\% |
| Core(13+ times) | 4,791 | 56\% | 4,220 | 49\% | 4,396 | 51\% | -8.2\% | 4.2\% |
| Archery | 7,647 | 100\% | 7,769 | 100\% | 7,654 | 100\% | 0.1\% | -1.5\% |
| Casual (1-25 times) | 6,337 | 83\% | 6,602 | 85\% | 6,514 | 85\% | 2.8\% | -1.3\% |
| Core(26+ times) | 1,310 | 17\% | 1,167 | 15\% | 1,140 | 15\% | -13.0\% | -2.3\% |
| Fishing (Fly) | 5,878 | 100\% | 6,791 | 100\% | 6,939 | 100\% | 18.1\% | 2.2\% |
| Casual (1-7 times) | 3,761 | 64\% | 4,448 | 65\% | 4,460 | 64\% | 18.6\% | 0.3\% |
| Core(8+ times) | 2,117 | 36\% | 2,344 | 35\% | 2,479 | 36\% | 17.1\% | 5.8\% |
| Skateboarding | 6,350 | 100\% | 6,382 | 100\% | 6,500 | 100\% | 2.4\% | 1.8\% |
| Casual (1-25 times) | 3,702 | 58\% | 3,970 | 62\% | 3,989 | 61\% | 7.8\% | 0.5\% |
| Core(26+ times) | 2,648 | 42\% | 2,411 | 38\% | 2,511 | 39\% | -5.2\% | 4.1\% |
| Roller Skating (In-Line) | 6,129 | 100\% | 5,268 | 100\% | 5,040 | 100\% | -17.8\% | -4.3\% |
| Casual (1-12 times) | 4,249 | 69\% | 3,853 | 73\% | 3,680 | 73\% | -13.4\% | -4.5\% |
| Core(13+ times) | 1,880 | 31\% | 1,415 | 27\% | 1,359 | 27\% | -27.7\% | -4.0\% |
| Bicycling (BMX) | 2,168 | 100\% | 3,413 | 100\% | 3,439 | 100\% | 58.6\% | 0.8\% |
| Casual (1-12 times) | 1,129 | 52\% | 2,039 | 60\% | 2,052 | 60\% | 81.8\% | 0.6\% |
| Core(13+ times) | 1,039 | 48\% | 1,374 | 40\% | 1,387 | 40\% | 33.5\% | 0.9\% |
| Adventure Racing | 2,095 | 100\% | 2,529 | 100\% | 2,215 | 100\% | 5.7\% | -12.4\% |
| Casual (1 times) | 901 | 43\% | 899 | 36\% | 581 | 26\% | -35.5\% | -35.4\% |
| Core(2+ times) | 1,194 | 57\% | 1,630 | 64\% | 1,634 | 74\% | 36.9\% | 0.2\% |
| Climbing (Traditional/Ice/Mountaineering) | 2,319 | 100\% | 2,527 | 100\% | 2,541 | 100\% | 9.6\% | 0.6\% |
| NOTE: Participation figures are in 000's for the US population ages 6 and over |  |  |  |  |  |  |  |  |
| Participation Growth/Decline | Large Increase (greater than 25\%) |  | Moderate Increase (0\% to 25\%) |  | Moderate Decrease (0\% to -25\%) |  | Large Decrease (less than -25\%) |  |
| Core vs Casual Distribution | Mostly Core Participants (greater than 75\%) |  | More Core Participants (56-$74 \%$ ) |  | Evenly Divided (45-55\% Core and Casual) |  | More Casual Participants <br> (56-74\%) | Mostly Casual Participants (greater than 75\%) |

2.5.6 AQUATICS

| National Core vs Casual Participatory Trends - Aquatics |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Activity | Participation Levels |  |  |  |  |  | \% Change |  |
|  | 2013 |  | 2017 |  | 2018 |  | 5-Year Trend | 1-Year Trend |
|  | \# | \% | \# | \% | \# | \% |  |  |
| Swimming (Fitness) | 26,354 | 100\% | 27,135 | 100\% | 27,575 | 100\% | 4.6\% | 1.6\% |
| Casual (1-49 times) | 16,912 | 64\% | 18,319 | 68\% | 18,728 | 68\% | 10.7\% | 2.2\% |
| Core(50+ times) | 9,442 | 36\% | 8,815 | 32\% | 8,847 | 32\% | -6.3\% | 0.4\% |
| Aquatic Exercise | 8,483 | 100\% | 10,459 | 100\% | 10,518 | 100\% | 24.0\% | 0.6\% |
| Casual (1-49 times) | 5,281 | 62\% | 7,222 | 69\% | 7,391 | 70\% | 40.0\% | 2.3\% |
| Core(50+ times) | 3,202 | 38\% | 3,237 | 31\% | 3,127 | 30\% | -2.3\% | -3.4\% |
| Swimming (Competition) | 2,638 | 100\% | 3,007 | 100\% | 3,045 | 100\% | 15.4\% | 1.3\% |
| Casual (1-49 times) | 1,153 | 44\% | 1,664 | 55\% | 1,678 | 55\% | 45.5\% | 0.8\% |
| Core(50+ times) | 1,485 | 56\% | 1,343 | 45\% | 1,367 | 45\% | -7.9\% | 1.8\% |
| NOTE: Participation figures are in 000's for the US population ages 6 and over |  |  |  |  |  |  |  |  |
| Participation Growth/Decline | Large Increase (greater than 25\%) |  | Moderate Increase ( $0 \%$ to $25 \%$ ) |  | Moderate Decrease ( $0 \%$ to $-25 \%$ ) |  | Large Decrease (less than -25\%) |  |
| Core vs Casual Distribution | Mostly Core Participants (greater than 75\%) |  | More Core Participants (5674\%) |  | Evenly Divided (45-55\% Core and Casual) |  | More Casual Participants (56-74\%) | Mostly Casual Participants (greater than $75 \%$ ) |

### 2.5.7 WATER SPORTS/ACTIVITIES

| National Core vs Casual Participatory Trends - Water Sports / Activities |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Activity | Participation Levels |  |  |  |  |  | \% Change |  |
|  | 2013 |  | 2017 |  | 2018 |  | 5-Year Trend | 1-Year Trend |
|  | \# | \% | \# | \% | \# | \% |  |  |
| Canoeing | 10,153 | 100\% | 9,220 | 100\% | 9,129 | 100\% | -10.1\% | -1.0\% |
| Kayaking (Recreational) | 8,716 | 100\% | 10,533 | 100\% | 11,017 | 100\% | 26.4\% | 4.6\% |
| Snorkeling | 8,700 | 100\% | 8,384 | 100\% | 7,815 | 100\% | -10.2\% | -6.8\% |
| Casual (1-7 times) | 6,893 | 79\% | 6,721 | 80\% | 6,321 | 81\% | -8.3\% | -6.0\% |
| Core(8+ times) | 1,807 | 21\% | 1,663 | 20\% | 1,493 | 19\% | -17.4\% | -10.2\% |
| Jet Skiing | 6,413 | 100\% | 5,418 | 100\% | 5,324 | 100\% | -17.0\% | -1.7\% |
| Casual (1-7 times) | 4,407 | 69\% | 3,928 | 72\% | 3,900 | 73\% | -11.5\% | -0.7\% |
| Core(8+ times) | 2,006 | 31\% | 1,490 | 28\% | 1,425 | 27\% | -29.0\% | -4.4\% |
| Sailing | 3,915 | 100\% | 3,974 | 100\% | 3,754 | 100\% | -4.1\% | -5.5\% |
| Casual (1-7 times) | 2,682 | 69\% | 2,720 | 68\% | 2,596 | 69\% | -3.2\% | -4.6\% |
| Core(8+ times) | 1,233 | 31\% | 1,254 | 32\% | 1,159 | 31\% | -6.0\% | -7.6\% |
| Water Skiing | 4,202 | 100\% | 3,572 | 100\% | 3,363 | 100\% | -20.0\% | -5.9\% |
| Casual (1-7 times) | 3,069 | 73\% | 2,575 | 72\% | 2,499 | 74\% | -18.6\% | -3.0\% |
| Core(8+ times) | 1,133 | 27\% | 997 | 28\% | 863 | 26\% | -23.8\% | -13.4\% |
| Rafting | 3,836 | 100\% | 3,479 | 100\% | 3,754 | 100\% | -2.1\% | 7.9\% |
| Stand-Up Paddling | 1,993 | 100\% | 3,325 | 100\% | 3,453 | 100\% | 73.3\% | 3.8\% |
| Kayaking (Sea/Touring) | 2,694 | 100\% | 2,955 | 100\% | 2,805 | 100\% | 4.1\% | -5.1\% |
| Scuba Diving | 3,174 | 100\% | 2,874 | 100\% | 2,849 | 100\% | -10.2\% | -0.9\% |
| Casual (1-7 times) | 2,351 | 74\% | 2,113 | 74\% | 2,133 | 75\% | -9.3\% | 0.9\% |
| Core(8+ times) | 823 | 26\% | 761 | 26\% | 716 | 25\% | -13.0\% | -5.9\% |
| Wakeboarding | 3,316 | 100\% | 3,005 | 100\% | 2,796 | 100\% | -15.7\% | -7.0\% |
| Casual (1-7 times) | 2,306 | 70\% | 2,101 | 70\% | 1,900 | 68\% | -17.6\% | -9.6\% |
| Core(8+ times) | 1,010 | 30\% | 903 | 30\% | 896 | 32\% | -11.3\% | -0.8\% |
| Surfing | 2,658 | 100\% | 2,680 | 100\% | 2,874 | 100\% | 8.1\% | 7.2\% |
| Casual (1-7 times) | 1,629 | 61\% | 1,705 | 64\% | 1,971 | 69\% | 21.0\% | 15.6\% |
| Core(8+ times) | 1,029 | 39\% | 975 | 36\% | 904 | 31\% | -12.1\% | -7.3\% |
| Kayaking (White Water) | 2,146 | 100\% | 2,500 | 100\% | 2,562 | 100\% | 19.4\% | 2.5\% |
| Boardsailing/Windsurfing | 1,324 | 100\% | 1,573 | 100\% | 1,556 | 100\% | 17.5\% | -1.1\% |
| Casual (1-7 times) | 10,960 | 828\% | 1,289 | 82\% | 1,245 | 80\% | -88.6\% | -3.4\% |
| Core(8+ times) | 234 | -728\% | 284 | 18\% | 310 | 20\% | 32.5\% | 9.2\% |
| NOTE: Participation figures are in 000's for the US population ages 6 and over |  |  |  |  |  |  |  |  |
| Participation Growth/Decline | Large Increase (greater than 25\%) |  | Moderate Increase (0\% to 25\%) |  | Moderate Decrease (0\% to -25\%) |  | Large Decrease (less than -25\%) |  |
| Core vs Casual Distribution | Mostly Core Participants (greater than 75\%) |  | More Core Participants (56$74 \%)$ |  | Evenly Divided (45-55\% Core and Casual) |  | More Casual Participants (56-74\%) | Mostly Casual Participants (greater than $75 \%$ ) |


[^0]:    *Cardio Cross Trainer is merged to Elliptical Motion Trainer

